

WEEKLY LEARNING ACTIVITIES: K-1 LITERACY



Monday

READING

Read a book of your choice or listen to the story:

[Enemy Pie](#)

WRITING

Write about what happened in the beginning, middle and end of the story. Draw a picture to match your sentences.

LITERACY

A is for ask. Ask someone a question so you can learn something new. Write the answer so you don't forget. Share what you learned at dinner tonight!

Tuesday

READING

Read a book of your choice or listen to the story:

[Tops and Bottoms](#)

WRITING

Draw a picture of your favorite part in the story and write 1-2 sentences to go with it.

LITERACY

C is for categories. Organize some of your toys into categories. Make labels for each category.

Wednesday

READING

Read a book of your choice or listen to the story:

[Kindness is Cooler
Mrs. Ruler](#)

WRITING

Make a bookmark and add the title, author and illustrator to the front. Draw the setting, too. On the back, write your favorite part of the story.

LITERACY

K is for kindness. List 5 acts of kindness that you can do today, and then do them!

Thursday

READING

Read a book of your choice or listen to the story:

[The Three Billy Goats
Gruff](#)

WRITING

Write a new ending to the story and draw a picture to go with it.

LITERACY

R is for recipe. Follow a recipe and make something yummy to eat with a grown-up.

Friday

READING

Read a book of your choice or listen to the story:

[The Recess Queen](#)

WRITING

What was the character's problem and how was it solved?

LITERACY

U is for under. Make a cozy reading fort under a table. Crawl under and read!



WEEKLY LEARNING ACTIVITIES: K-1 MATH AND SCIENCE



Monday

MATH

Play 2-3 Math Games (select the grade that your child is in): [Math Education Games](#)
Show how many ways you can make the number 10. You can use number words, tally marks, pictures and numbers.

Tuesday

SCIENCE

Swim Noodles
Materials: water, baking soda, uncooked spaghetti, vinegar, glass cup
Directions: In a glass, combine water, two teaspoons of baking soda and one-inch pieces of uncooked spaghetti. They will sink to the bottom. Then add the vinegar and watch what begins to happen to the spaghetti. This is a great experiment to help explain carbon dioxide and chemical reactions to your child.

Wednesday

MATH

Play 2-3 Math Games (select the grade that your child is in): [Math Education Games](#)
Go on a math scavenger hunt. Count how many circles and squares you can find in your home and in your community. Make a drawing of the favorite shapes you found and label them with the name of the shape.

Thursday

SCIENCE

Sound Vibrations
Materials: several vases or glasses in different sizes, water, food coloring
Directions: Fill several glasses or vases with different levels of water and add food coloring to make it fun. Use a wooden spoon and tap the vases or glasses to hear the difference in tones and sounds. Challenge your child to identify how the water level affects the tone. This is a great activity to teach your child how sound is made by a vibration.

Friday

MATH

Play 2-3 Math Games (select the grade that your child is in): [Math Education Games](#)
Take a handful of cereal, beans or pennies. Count how many you have. Compare how many you have with a parent or sibling. Who has more? How do you know?

WEEKLY LEARNING ACTIVITIES: K-1 MOVEMENT



Monday

Leaping! Put pillows on the floor and practice your leaping skills. Push off your back leg and reach with your front leg.

Work on your locomotor skills – go outside and practice walking, running, galloping, skipping, jumping and hopping.

Tuesday

Using a scarf or handkerchief, practice your self-toss and catch skills. Watch the scarf with your eyes and move your body so the scarf can land in your hands.

Make it backwards hour. Move from room to room backwards. Try to move high and low, fast and slow.

Wednesday

Get outside today and play “I Spy”. Each time one of you says, “I spy”, you have to all walk, run or gallop to that object.

Animal Action Fun!
One person says the name of an animal and the other person has to move around the house like that animal would.

Thursday

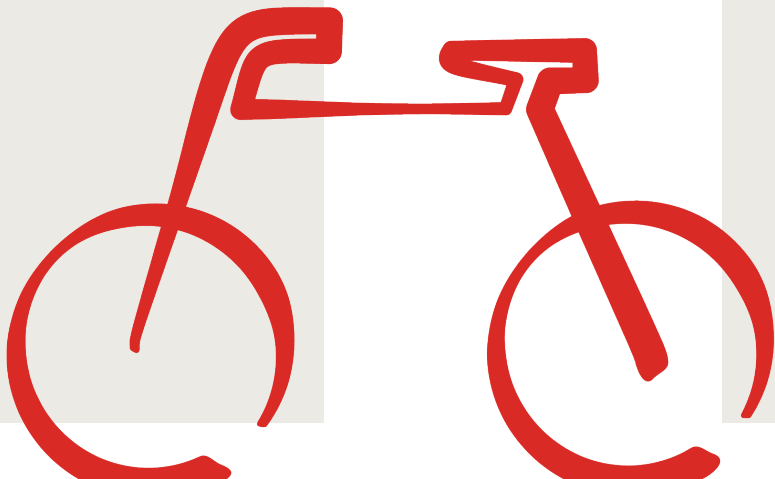
Can you stand like a tree? See if you can stand like a tree for 10 seconds. Try it a few times. Remember to gently breathe in and out!

Twins. For 2-5 minutes, pretend as if you are connected to someone else and the two of you must move exactly the same way.

Friday

Make a pile of paper balls by crunching recycled paper. For one minute, throw these balls all over the playing space – making a blizzard of balls. Collect them and do it again.

Using the balls and put them in a pile. Crab walk with one ball at a time on your tummy, carry it across the room. Move all the balls to a new pile.



WEEKLY LEARNING ACTIVITIES: K-1 FAMILY



Monday

Family Storytelling. Sit with your family in a circle or at the table. Have someone begin by starting a story such as: Once upon a time, there was a... or, One day I woke up and looked outside a saw a.... Allow each person to take turns adding onto the story and continue adding on until everyone has had a few turns. Repeat with another story starter.

RECOMMENDED RESOURCE
Virtual Tour:
[San Diego Zoo](#)

Tuesday

Photo Shoot. Use a camera or a mobile phone to take some pictures of your family, pets or toys. Get creative, play dress up, and use fun props!

RECOMMENDED RESOURCE
Virtual Tour:
[Monterey Bay Aquarium](#)

Wednesday

I'll Be Your Guide. Set up a simple obstacle course in your house or outside. Blindfold one person in your family and the other person will be their guide. The goal is to lead your blindfolded partner through the obstacle course safely.

RECOMMENDED RESOURCE
Virtual Tour: [Walk of Mars](#)

Thursday

Rock Painting. Gather some rocks, get out your paint and start creating! Have fun making cute rock pets or create your own designs.

RECOMMENDED RESOURCE
Virtual Tour:
[Yellowstone](#)

Friday

Get Building. Using Legos or a building blocks, work together and cooperate to build a tower as high as possible!

RECOMMENDED RESOURCE
Virtual Tour: [Farm Food 360](#)

