

WEEKLY LEARNING ACTIVITIES: K-1 LITERACY



Monday

READING

Read a book of your choice or, listen to the story:

[Rosie Revere Engineer](#)

WRITING

Write about what the setting of the story was and draw a picture to go with it.

LITERACY

D is for do... Do something nice for someone in your family today!

Tuesday

READING

Read a book of your choice or, listen to the story:

[The Gingerbread Man](#)

WRITING

Write a new ending to the story!

LITERACY

E is for energy... Make a list of things you can eat or do that will give you energy.

Wednesday

READING

Read a book of your choice or, listen to the story:

[Shelia Rae the Brave](#)

WRITING

What lesson do you think the author was trying to teach us?

LITERACY

H is for helpful... Who helps you the most? Write your helper a thank you note.

Thursday

READING

Read a book of your choice or, listen to the story:

[And Then It's Spring](#)

WRITING

Which character would you most like to meet in real life and why?

LITERACY

N is for naming... Write your name lots of times in many different ways (Fancy, messy, large, small, etc.).

Friday

READING

Read a book of your choice or, listen to the story:

[Where the Wild Things Are](#)

WRITING

How did this story make you feel?

LITERACY

C is for caring... Who do you care about? What do you care about? Write down 3 names of people, animals or things that you care about and write or say why!



WEEKLY LEARNING ACTIVITIES: K-1 MATH AND SCIENCE



Monday

MATH

Math Games

Play 2-3 [Math Games](#) (select the grade your child is in).

Or, how many people live in your house? If you counted all the fingers of everyone, how many would fingers would there be in all? How many legs?

Tuesday

SCIENCE

Oil and Water

Materials: Vegetable oil (or similar), water, empty water bottle, food coloring

Directions: Fill an empty water bottle $\frac{1}{2}$ way up with water. Add a few drops of food coloring. Fill the rest of the bottle with vegetable oil. Screw the lid on tight! Shake the bottle up and watch what happens! After 5 minutes, what do you notice about the oil and water?

Wednesday

MATH

Math Games

Play 2-3 [Math Games](#) (select the grade your child is in)

Or, how many letters are in your first name? How many letters are vowels? How many letters are consonants?

Thursday

SCIENCE

Bread or Potato Mold

Materials: 2 pieces of bread or cut 2 slices of a potato, 2 Ziploc bags

Directions: Take a piece of bread or potato and rub on a place in your home you think has many germs. Repeat on a different place in your home. Place each piece into a Ziploc bag and seal shut. Wash your hands now. Watch your bread or potato over the week. What do you notice about the bread/potato? Which place do you think had the most germs?

Friday

MATH

Math Games

Play 2-3 [Math Games](#) (select the grade your child is in).

Or, practice counting forward and backward starting and stopping at different numbers (i.e., Start counting forward at 2 and stop when you get to 24).

WEEKLY LEARNING ACTIVITIES: K-1 MOVEMENT



Monday

Practice your hopping. Remember to take off and land on the same foot. Hop near and far, high and low.

Tuesday

Find four pillows that are different sizes. Can you balance on each one without falling off?

Wednesday

Put a paper plate on your head and walk across the room without it falling off. Can you bend down and get back up without it falling off?

Thursday

Time to get the jitters and emotions out of your system! Listen to Narwhals & Waterfalls' ["The Breathing Song."](#) Listen, move, and breathe!

Friday

Jump 13 times!
Hop 13 times!
March 13 steps!
Reach up high 13 times!
Clap your hands 13 times!



PARENT AND CAREGIVER CORNER

There is going to be a lot more time with you and your child or children in close quarters. Your patience will be tested, and you may find yourself being more reactive than you are used to. Remember that feeling this way under these circumstances is totally normal, and it doesn't make you a bad caregiver!

It may be that you just need a small break: Take a few slow, deep breaths. Say to yourself, "I am doing the best that I can. Peace begins with me." Open your eyes and take a pulse on your inner calm.

Your calm will influence the calm of your children. Let us assure you, "We're in this together!"

WEEKLY LEARNING ACTIVITIES: K-1 FAMILY



Monday

Noodling Around Minute to Win It Challenge

Materials: Penne & spaghetti pasta (uncooked)

Directions: Gather the family at a table. Pass out 6 pieces of penne pasta and 1 piece of spaghetti to each player. Without using their hands, players have 1 minute to get all 6 pieces on penne onto the spaghetti using only their mouth. Players can put the spaghetti in their mouth once the timer begins.

Tuesday

Face the Cookie Minute to Win It Challenge

Materials: Oreo cookies, chair for each player

Directions: Placing a cookie in the middle of their forehead, players have 1 minute to get the cookie into their mouth using only their facial muscles.

Wednesday

Nose Dive Minute to Win It Challenge

Materials, per player: Small plate with Vaseline on it, bowl full of cotton balls, 1 empty bowl

Directions: Have players face the two bowls with their hands behind their back. Players have 1 minute to dip their nose in the Vaseline and transfer 1 cotton ball at a time from their nose to the empty bowl. They may re-dip into the Vaseline as they go. Only 1 cotton ball can be transferred at a time. The player with the most cotton balls transferred wins.

Thursday

Defying Gravity Minute to Win It Challenge

Materials: 3 inflated balloons per player; designated space to play the game

Directions: Have players gather in the designated space to play. Players then have to keep all 3 balloons in the air without going outside the playing space for 1 minute. If their balloon touches the ground or goes outside the space, they are out.

Friday

Penny Towers Minute to Win It Challenge

Materials: pile of pennies for each player

Directions: Players have 1 minute to stack as many pennies as they can using only 1 hand

