

WEEKLY LEARNING ACTIVITIES: GRADES 2-6

ACTIVITY: READING AND WRITING



Monday

READING

Hot and cold. Read about the hottest and coldest [places on Earth!](#) Share three new facts with a family member.

WRITING

Draw a picture of the coldest or hottest place on Earth. Use diagrams and label your picture with some facts you learned from the passage.

Tuesday

READING

What a rock! What would you do if you found a \$7 million rock in your yard? Read [this story](#) to find out more!

WRITING

Write your version of the story! What would you do if you found a \$7 million rock in your backyard? Share with a family member.

Wednesday

READING

Thinking of summer? Read all about [sand castles](#) and their relationship with geometry.

WRITING

Draw a picture and describe what type of sand castle you would like to build. Share with a family member.

Thursday

READING

Do you like to text your friends? Check out [this article](#) about how texting affects your writing!

WRITING

Reflect on this article. Capture your thoughts and reactions to the article in a journal.

Friday

READING

Animal lover? Read all about [the sloth](#) here! Share your favorite facts about sloths with a family member.

WRITING

Think about how a sloth walks, eats and lives. Create a poem about sloths.

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ACTIVITY: MATH AND STEM



Monday

MATH

Design dreams.

Design your dream bedroom by drawing it out on paper. Make up the length and width of the room. Find the perimeter. Now calculate the area.

Tuesday

STEM

Solids and liquids.

Materials: box of crayons (ones you don't mind to be melted), hairdryer, piece of paper.

Directions: Hold the end of a crayon and turn your hairdryer on. Aim it at the opposite end of the crayon. Let the crayon drip onto your piece of paper. Repeat with several colors. What happens to the crayon on the paper once it cools? When is the crayon solid? When is it liquid?

Wednesday

MATH

Pick 3. Play Pick 3 with 2-4 players and a deck of cards, with the face cards removed. Spread the cards face down in rows. Players take turns turning over 3 cards. If the player can create an accurate equation with the numbers on the cards, they can keep them. If not, they turn them over and lose their turn. For example, 2, 3 and 6 card work, because 2 times 3 equals six.

Thursday

STEM

Lake formations.

Materials: wax paper (1 piece), baking sheet, marker, blue food coloring, spray bottle with water.

Directions: Crumple up the piece of wax paper into a ball, and then flatten it back out. Lay it on the baking sheet. Use the marker to circle the places on it where you think water would collect. Add a few drops of blue food coloring to the spray bottle. Mist evenly over the wax paper as if it is raining. What happen? Where did the water collect?

Friday

MATH

Sort it. Play Sort It with a deck of cards. Look for creative ways to sort by: colors, numbers, suits, face cards, odds, evens, one-digits, two-digits, etc.

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ACTIVITY: BOREDOM BUSTERS AND MORE



Monday

No-bake chocolate balls. Mix together 1 cup uncooked oats, ¼ cup honey, ¼ cup peanut or almond butter, 2 tablespoons cocoa powder, and a pinch of salt. Then, spoon out balls on a plate. Eat right away or store in the fridge for 1 week!

Tuesday

Mindfulness. As you walk or participate in some kind of movement outside, focus your mind on 10 things surrounding you. They could be smells, sights or physical feelings, such as the temperature or the wind. As you walk or move in whatever way you are able, take 5 minutes to be aware of your surroundings, and take some deep breaths.

Wednesday

Sign language. Have you been practicing your sign language? It's time to add on to what you've learned! Keep on practicing the alphabet, how to say your name, age and where you live. And learn the signs for three activities that you like to do!

You can use [this website/app](#) to download visuals and videos!

Thursday

Watercoloring! Have any dried-out or old markers? Take them and soak them in individual cups or jars of water overnight. The ink will change the water to watercolors. Then you can use the watercolors to paint whatever you like!

Or sit outside on a nice day and choose one object from nature you have spotted that you can draw.

Friday

THINK. Think about your words to others. Before you speak to someone, practice one of the words from the acronym THINK. First, we'll focus on the letter T: "Is it True what you are about to say?" Ask yourself this question before you say something, as we should always tell the truth. Learn that your words are powerful, and they can make an impact on others!



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PARENT AND CAREGIVER CORNER

We can all feel physically, emotionally and mentally taxed at times. Taking care of our mind is just as important as taking care of our body. There is no shame or guilt in experiencing signs of mental fatigue or mental illness and seeking help. Just as we would put a bandage on a physical wound to help it heal, we can put “band aids” on our mind so that we may be better, too. Our goal is to take care of ourselves and be able to take care of our children – from when we’re expecting to when we have teenagers.

We at Save the Children recognize the need for healthy support systems for the whole well-being of children and their caregivers. May is Mental Health Awareness month, so we will be providing tips and resources on how we can take care of our mental health. We hope you may be encouraged to access the services and supports that you need at this time in your life. **We remind you that we are in this together!**

NAMI PROVIDES COVID-19 MENTAL HEALTH SUPPORT

[NAMI \(National Alliance on Mental Illness\)](#), the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness, provides community resources year-round. To provide help for those impacted by COVID-19, NAMI has compiled a helpful COVID-19 Resource and Information Guide found [here](#).

FAMILY

Let the sunshine in. Going outside for sunshine helps everyone’s state of mind. There are both physical and mental benefits to being outside and under the sun for a period of time. Here is an activity you may do on your own or with your children. It will support your mindfulness and healthy interactions with your children. Check off from the list below when you find these things! Feel free to add to the list of items to be found in your neighborhood and to make it more of a challenge!

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|---------------------------------------|---------------------------------------|--|---|
| <input type="checkbox"/> MAILBOX | <input type="checkbox"/> FENCE | <input type="checkbox"/> PAW PRINT | <input type="checkbox"/> A FLAG |
| <input type="checkbox"/> YELLOW HOUSE | <input type="checkbox"/> TALLEST TREE | <input type="checkbox"/> SKATEBOARD | <input type="checkbox"/> SPRINKLER |
| <input type="checkbox"/> ROSES | <input type="checkbox"/> A RED DOOR | <input type="checkbox"/> SINGING BIRDS | <input type="checkbox"/> BICYCLE |
| <input type="checkbox"/> DOG | <input type="checkbox"/> CLOUDS | <input type="checkbox"/> A FAMILY | <input type="checkbox"/> A PACKAGE |
| <input type="checkbox"/> STROLLER | <input type="checkbox"/> MOTORCYCLE | <input type="checkbox"/> BLUE CAR | <input type="checkbox"/> DELIVERY TRUCK |