CORONAVIRUS AND KIDS: RESOURCES FROM SAVE THE CHILDREN

WEEKLY LEARNING ACTIVITIES: GRADES 2-6 ACTIVITY: READING AND WRITING



Monday

READING

Help your child select a story to read from their bookshelf or this digital resource. Have them share a 2-minute summary of the story.

WRITING

Write an alternate ending for the passage or book just read.

Tuesday

READING

Have your child select poems to read or listen to from this link. Have your child share their favorite one and tell you why.

WRITING

Have your child write his or her own poem and read aloud.

Wednesday

READING

Select a readers' theater script. Assign parts and allow time to practice several times. Discuss key parts of the skit and the types of voices that should be used for each part.

WRITING

Using a short picture book, have your child create a readers' theater script out of the story.

Thursday

READING

Review the script chosen from the day before. Allow everyone to practice and perform. Consider recording to share with others! Feel free to select another.

WRITING

Create a report card for any one of the characters from the script read above.

Friday

READING

Have your child select a silly <u>poem</u> to read.
Ask them to practice reading and then perform for others.

WRITING

Have your child write a silly poem to share with others



WEEKLY LEARNING ACTIVITIES: GRADES 2-6 ACTIVITY: MATH AND STEM



Monday

MATH

If you counted all the eyes of all the people in your house, how many would there be? Now multiply that number by 4. (Hint: you can use repeated addition.)

Tuesday

STEM

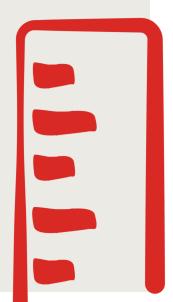
Build a Tower

Make a tall tower out of objects from around your house. How tall can your tower get without falling over? If your tower falls over, can you redesign it to make it taller? Can you make it wider? Challenge someone in your house to a tower building contest! Whoever builds the tallest tower that doesn't fall over wins!

Wednesday

MATH

Practice counting by 2's! Start at 2 and end at 24. Count by 3's! Start at 3 and ending at 36. Count by 5's starting at 5 and ending at 60. Count by 25's! Start at 25 and end at 200.



Thursday

STEM

Evaporation

Materials: Plastic zipper bag, water, tape, blue food coloring, permanent marker

Decorate your bag by drawing a sun and clouds. Next, fill your bag with about an inch of water and add a few drops of the food coloring. Swirl to mix. Seal the bag and tape it on your window. Leave it and come back after a few hours to observe what happens!

Friday

MATH

Play Guess My
Number by thinking
of a number between
1 and 1, 000 and have
your child ask yes or
no questions to figure
it out. They should be
using math vocabulary
like: greater than,
less than, odd, even,
before, after, etc.

WEEKLY LEARNING ACTIVITIES: GRADES 2-6 ACTIVITY: BOREDOM BUSTERS



Monday

Window Art

Materials: Washable paint, paintbrushes or Q-tips

Directions: Using washable paint, work as a family to create beautiful pictures on the windows of your house for everyone to enjoy!

Tuesday

Obstacle Course

Materials: Masking tape, objects/furniture in your house

Directions: Create an indoor or outdoor obstacle course for your child. Have fun and get creative! Let them crawl over and under furniture, hop over cushions, and slide under ribbon or rope! Consider using masking tape to create the course boundaries and provide directions with arrows directing where to go! Then, time your child to see how fast they can complete it.

Wednesday

Mindfulness

Can you breathe with Serena the frog? From Hasbro's Be Fearless Be Kind initiative: Click on the video, follow the instructions, and see if you feel more peaceful! Remember, deep breaths!

Thursday Make Your

Make Your Own Luck

Follow your dreams!
It's important to have
a plan in place to
work towards that
goal. Work as a family
to set a goal and write
down action steps to
make it happen.

- **1.** Write down what you want to happen/your goal.
- 2. Think about how you can make this happen.
- **3.** Make a plan together on what you need to do to achieve this goal.
- **4.** Stick to the plan and never give up!

Friday

Cooking Class

Find a child-friendly recipe that you can engage your whole family to make! You could bake cookies, make smoothies or fix a salad together.



WEEKLY LEARNING ACTIVITIES: GRADES 2-6





PARENT AND CAREGIVER CORNER

When experiencing challenging times, we often feel frustrated and resentful. Your child may feel this way, too, and show signs of being upset and angry to not be able to see friends, hang out in other settings or even go to child care or preschool! We can negatively turn on our family members and others, leading us down a path of believing that we are suffering more than others, and that it's unfair.

One way to combat such feelings is to look to empathy and to teach our kids empathy, even in their very first years. Hasbro's special <u>BE FEARLESS BE KIND</u> website highlights <u>an article</u> on empathy from the Making Caring Common project at Harvard: "Empathy begins with the capacity to take another perspective, to walk in another's shoes... Empathy includes valuing other perspectives and people. It's about perspective-taking and compassion."

As parents and caregivers, we show empathy to our children, which leads to building secure, trusting relationships. Other ways to teach empathy to your children is to explicitly demonstrate it to others, model self-care and have them show acts of kindness and compassion to others.

We never know what another person may be going through at this unprecedented time – whether it's being laid off a job, the sudden loss of a loved one or struggling with anxiety and stress. May our own acts of empathy support them and may we teach our children to be people who are fearless and kind.