

WEEKLY LEARNING ACTIVITIES: GRADES 2-6

ACTIVITY: READING AND WRITING



Monday

READING

What is Memorial Day? Learn the [history](#) about this day.

WRITING

Design a poster! Create a poster to celebrate Memorial Day, remembering and honoring those who have served. Hang it in a window in your house for all to see.

Tuesday

READING

Facts about Memorial Day. [Read all about](#) this special holiday.

WRITING

Send a letter. While Memorial Day celebrates those who have died, take time to create a thank you letter for those in the military who are currently serving in one of the armed branches of the military.

Wednesday

READING

Civil War heroes. Read this [legend](#) about two soldiers who were courageous during the Civil war.

WRITING

Writing reflection. Use a journal to reflect and write. What did you think was interesting about the legend? Do you think it could be true? What words would you use to describe the soldiers' actions? Use at least 3 adjectives.

Thursday

READING

Memorial Day poetry. Select [a poem or two](#) to read about Memorial Day. Be sure to share with a family member.

WRITING

Be a poet. Write your own poem dedicated to those who gave their life serving in the military.

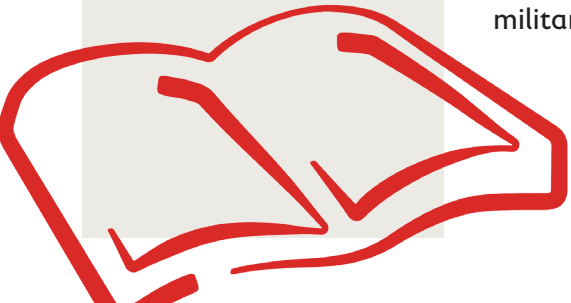
Friday

READING

Real military heroes! Read about some [real military heroes](#) we celebrate on this day.

WRITING

Design a celebration. How would you design a celebration for Memorial Day? What would it look like? Describe in detail all of the events or activities you would plan.



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ACTIVITY: MATH AND STEM



Monday

MATH

Multiplication go fish! Here's a math twist to the card game Go Fish! Try to get as many matching pairs as possible. To play, you will need 2 players and a deck of cards with the jacks, queens and kings removed. Aces are worth one point. Deal each player 5 cards. On your turn, ask for a matching card by giving a multiplication fact. For example, if you need an 8 ask for a 4×2 . If the player has an 8, they must give it to you. If the player doesn't have an 8, they say "go fish," and you draw a card from the deck.

Tuesday

SCIENCE

Basket weaving. Can you use just one paper plate and one piece of paper to create a basket? This one requires a lot of planning and careful cutting. Try minimizing seams so there aren't places for your items to "leak" out. Test with marbles, small toys or blocks. Does it break or can it hold the items?

Wednesday

MATH

A head for math! To play this game you will need 3 players and a deck of cards with face cards removed. Two players draw a card and, without looking, place it face-up on their forehead. Player 3 will tell the product of the two cards. The first player to guess their card number correctly wins the round.

Thursday

SCIENCE

Build a cooler. Coolers are designed to keep items cold. Grab 2 bowls or containers. In each container place a cup with a piece of ice in it. Leave one container as is. With the other container, place items around the cup of ice that might help it stay cold longer. You might try cotton balls or napkins, etc. Which one do you think will keep the ice from melting the longest? Tell someone why you think this will work the best to keep the ice cold.

Friday

MATH

Make it big! With a deck of cards, remove 10s, Jacks, Queens and Kings. Aces are worth 1 point. Each player draws 4 cards and creates a 4-digit number. The person with the largest number wins.



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ACTIVITY: BOREDOM BUSTERS AND MORE



Monday

Be proactive.

“Proactive” means to be self-motivated and to do things on your own. When you are proactive, you feel good about yourself and build confidence. And others respect you!

Do 2 things today that show you are proactive – 2 things that you do before anyone, such as your parents, ask you to do them. Next, think of 3 proactive things you could do to take care of the earth!

Tuesday

Self-portrait. Practice drawing yourself! Ask an adult for a photo of yourself that you can fold – a school photo or recent selfie work great! – and fold it in half so you see only one side of your face. Tape it to a piece of paper. On the piece of paper, draw the other half of your face. Use pencils, markers, or anything you like to draw with. Does your drawing resemble you? If you want, remove the photo and try drawing the other side of your face.



Wednesday

Sign language.

Have you been practicing your sign language? It’s time to add on even more to what you have learned! Keep on practicing the signs learned from the other lessons, such as what you like to do and to eat, your name, your age, etc. This week, practice signs for the 5 animals that you like.

You can use the following [website/app](#) to download visuals & videos!

Thursday

Just for kids! Listen to the free podcast [The Kids Are All...Home](#) from Pineapple Street Studios. After listening, did you hear 1 or 2 really cool activities you could try at home or a snack you could make with an adult or older sibling?

Made by kids! Make your own podcast! A podcast is a recording of a story or interview. Write your own story and then record it. Or interview a friend or family member and record it!

Friday

THINK. Think about your words to others. Before you speak, practice the words from the acronym THINK. This week, let’s focus on the last two letters “N” and “K” in THINK:

- “Is it Necessary what I will say?”
- “Is it Kind what I will say?”

We want to say what is necessary and not add on anything that could hurt others. Saying things that are kind can help you build healthy friendships. Remember, your words are powerful – they make an impact on others!

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PARENT AND CAREGIVER CORNER

This week's message is brought to you by the letter A, as in A for Anxiety. Whether we are expecting our first child or already taking care of four kids at home, we know that we have anxiety from time to time... maybe even often or all the time. Anxiety stems from the "unknown," or when we are faced with uncertainty or feel we are not in control. The coronavirus (COVID-19) pandemic has highlighted how much is out of our control, and unknown even to experts. So what do we do? What we can do is accept that there are things we can change and things that we cannot. We can welcome uncertainty in our lives. When we do so, we can hold the reins of our anxiety. It's alright to have anxiety – it's a normal emotion like all our others.

We can encourage our children to normalize anxiety and to understand that sometimes we don't have the level of certainty or confidence that we expect. When we take more ownership of our anxiety, we can lessen the stress on our body, which is vital for expecting parents and even parents with older children. We don't have to wait to help ourselves. Kaitlin Soule from the Anxiety and Depression Association of America writes, "If we wait for things to be 'better,' or the perfect circumstance to work on our mental, emotional, physical or spiritual health, we just might miss the boat." What is certain is that you can help yourself now, and you can seek support from others. **Remember, we are in this together!**

May is National Mental Health Awareness Month! This week we are highlighting the [Anxiety and Depression Association of America](#) (ADAA). ADAA has resources for finding help, such as tele-mental help or [help from a therapist over the phone](#), screenings and information on self-care and stress relievers due to COVID-19.

FAMILY

Supportive comic relief. Need some support, but also comic relief? Consider listening to the podcast [Parent Trapped](#). It showcases real-world stories on juggling work, homeschooling children, and fun family activities.

Breathe, think, do. Play some of the breathing, mindfulness and de-stressing games with your little ones on the free app [Breathe, Think, Do with Sesame](#). Also, listen to [funny messages from Grover of Sesame Street](#) to help to adapt to life during COVID-19!