

WEEKLY LEARNING ACTIVITIES: GRADES 2-6

ACTIVITY: READING AND WRITING



Monday

READING

Like skateboards?

Read all about the [different types](#) and their history.

WRITING

Which skateboard design do you like best? Why? Provide key details in your response.

Tuesday

READING

Superheroes! If

you like superheroes, check this out! Explore the history of [Marvel Comics](#) and learn interesting facts about each character.

WRITING

Who is your favorite superhero? Create a brochure sharing this character with all the reasons why he or she is your favorite!

Wednesday

READING

Sergeant Stubby.

Read about a [great American hero](#) who was a dog!

WRITING

Using Sergeant Stubby as a character, write a fiction story about a hero saving the day.

Thursday

READING

Star Wars. If you're

a fan, this is for you. Read all about [the robots](#) who played a key role in the series.

WRITING

Which Star Wars movie or character is your favorite? Why? Provide some details in your writing. Don't like Star Wars? Explain why not!

Friday

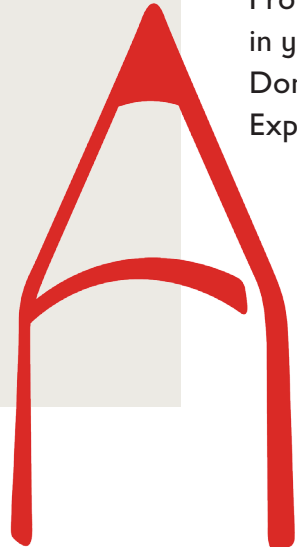
READING

Earth Day. Did

you know the 50th anniversary was on April 22? How did you celebrate? Explore its origins, posters and buttons to commemorate [this day](#).

WRITING

Create a poster to inform others about Earth Day or inspire them to participate.



WEEKLY LEARNING ACTIVITIES: GRADES 2-6

ACTIVITY: MATH AND STEM



Monday

MATH

Double down. Play this game. Materials: 4 dice, timer, paper and pencils. Directions: Set a timer for 5 minutes. Each player gets two dice and when the timer begins, they begin rolling. When they get a double they yell “double down!” and record the fact (can be addition or multiplication). When the timer is up, they add up all their sums and the player with the highest amount wins.

Tuesday

STEM

Floating raft. Directions: Walk around your yard or house. Look for items such as sticks, string, tape or aluminum foil. Use the items you find in your treasure hunt to create a raft. You can even use a piece of paper to make a sail! Test your design in a tub or sink full of water. Does it float? If not, what can you do to make it float?

Wednesday

MATH

Mealtime fractions. Help your child develop a deeper understanding of fractions by letting them help with serving sizes at meal time. Allow them to help portion the servings onto plates to represent equal parts. Can they think of a fraction to represent each plate?

Thursday

STEM

Marshmallow tower. Materials: 100 mini marshmallows, toothpicks and a tape measure. Directions: Using the materials, build the tallest tower you can. Practice your math skills by counting out the marshmallows and measuring your tower when complete. How tall is your tower? Can you make it taller?

Friday

MATH

Dice war! You'll need two dice for each player. Players roll both dice at the same time and multiply their numbers together. The player with the highest product wins the round. Keep track of each win and play until someone has won 10 rounds.



WEEKLY LEARNING ACTIVITIES: GRADES 2-6

ACTIVITY: BOREDOM BUSTERS AND MORE



Monday

Indoor snowball fight. Take socks and roll them up into balls – they’re now “snowballs.” Set up a snowball fight in your home, or preferably outside!

Tuesday

Mindfulness. Love to remember fun things that happen to you? Play a game called “Remember When?” Include sensory memories in your writing, such as when you had a fun thing happen to you: What did you see? What did you smell? What did you hear? What did you taste?

Share your story with a friend or family member. This activity has been adapted from The Goldie Hawn Foundation MindUP.

Wednesday

Sign language. Look up the signs to learn how to say where you live and your age. Keep practicing the alphabet and greetings, too! You can use [this website/app](#) to download visuals and videos!

Thursday

Spring cleaning. We’re getting into warmer and warmer weather, so it’s time to organize in your house! You can help your parents clean – notice how much better you feel afterwards! Or take a pile of items, toys and clothes that may be too small or not for your age anymore. See if you can have an adult help you donate them or give them to children younger than you. Or put them to the side and ask if you can have a yard sale sometime soon!

Friday

Be happy! When you wake up in the morning, say to yourself the following intention: “I am going to have a happy day!”

Do some activities that you like, connect with a friend, show how you’re grateful for the things and people you have in your life. Laugh a lot!! Listen to Pharrell’s song “[Happy](#),” if you want to!

At the end of the day, before going to sleep, say or write 3 things that made you happy today and why.



PARENT AND CAREGIVER CORNER

Lately, we may have all been thinking about coronavirus. Questions like these may have run through your mind: Am I going to get sick? Where should I wear a mask? How quickly do the germs spread? Yes, we live in a world where we have to be mindful about health, where we need to be more vigilant than ever before about our actions. But did you know that we can be “contagious” with our emotions? Humans tend to take on the emotions, facial expressions, tone and behaviors of other humans when interacting with them. For example, have you ever noticed how when you stay calm, others tend to calm down little by little? Or if you are anxious, then others around you start to exhibit signs of anxiety, too? And then what seems to happen next is that as we express our emotions to others, we begin to “feed” off of one another, which can either cause a spread of positive emotions related to the coronavirus, or unfortunately more negative ones.

Now that you know emotions are contagious, be aware. You can take control of emotions and reframe yourself. Be authentic and know that if you express positive emotions and attitude, you are helping to spread them to others. This is a concept that you can demonstrate and teach to your children. Even if you are pregnant, taking this approach can alleviate any stress you feel, which helps you and your baby. Angela Duckworth, creator of the Character Lab, notes that a friend of hers, Professor Sigal Barsades, suggests practicing emotional contagion: “Try noticing how you are influenced by others’ moods and how their reactions influence yours. You can then reorient conversations away from catastrophizing and toward calm, showing the young people in your life that caring and hope are as easy to spread as negativity.” Many thanks to all you parents and caregivers out there spreading positive emotions and attitudes! We’re in this together, and sending positivity your way!

FAMILY

Make ice cream in a bag!

Ingredients: 1 gallon- and 1 quart-size zipper bag, 1 cup milk, 1 tablespoon sugar, ½ teaspoon vanilla, 1/3 cup salt, plus ice.

Directions: Pour the milk, sugar and vanilla into the smaller, quart-size zipper bag and close the seal. Fill the larger, gallon-size bag 3/4 full of ice, then add the salt. Place the smaller bag inside the larger bag and close the seal. Make sure you close them both tightly! Now shake the bag hard for 5 minutes. Open the large bag and dispose. Rinse the small bag off with cold water before opening to keep the salt water from getting into your ice cream. Scoop into individual bowls, share, eat and enjoy your hard work!