

WEEKLY LEARNING ACTIVITIES: GRADES 2-6

ACTIVITY: READING AND WRITING



Monday

READING

Select a passage or story to read from your bookshelf or this [digital resource](#).

WRITING

Select three words to describe one of the characters you just read about. Explain why those words were selected using details from the story.

Tuesday

READING

Select a [historical fiction passage](#) to read. Share three important events from what you read.

WRITING

Create a chronological timeline of events based on the historical fiction passage you read today.

Wednesday

READING

Select a [fable](#) to read. Discuss the lesson or moral of the story

WRITING

Write your own fable – be sure to include a lesson or moral.

Thursday

READING

Select a [passage](#) and read about someone from an important event in American history.

WRITING

Write a letter to a friend and share information about the event or person you just learned about.

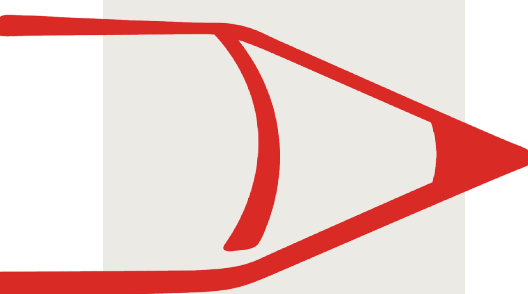
Friday

READING

Have your child select and read a [passage](#) about a hero.

WRITING

Write about your favorite hero. Read it aloud to a family member.



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ACTIVITY: MATH AND STEM



Monday

MATH

Counting change. Gather up as much change as you can find around your home. Sort the coins. Count and add up how much you have. Estimate your money to the nearest whole dollar. How much more money would you need to reach the next 10?

Tuesday

STEM

A cloudy day. Look outside your window. Draw the clouds you see with crayons or a marker or make them out of cotton balls and glue them to a piece of paper. Look up the different types of clouds and find the ones you made. What kind of cloud did you make?



Wednesday

MATH

Keeping time. Use a piece of paper to keep a time journal for the day. Each time you start a new activity, write down the time and the activity. Then, estimate what time you will finish that activity. Record the time you finish. How much time did it take you for each activity?

Thursday

STEM

Veggie fun. Materials: 3-4 different types of cut vegetables (ask an adult to help!), 3-4 cups of water, food coloring

Directions: Put 5 drops of the same food coloring into each cup of water. Cut different vegetables. Put one piece of vegetable in each cup. After some time, observe what happens. Which vegetables absorbed food coloring? Which vegetables did not? Why do you think that happened?

Friday

MATH

Math wars. Using a deck of cards play the game of war – but add a math twist! Remove all face cards so that you just have the 2-10 cards remaining. Both players draw a card and multiply the two numbers together. The first one to get the correct answer wins the round!

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ACTIVITY: BOREDOM BUSTERS AND MORE



Monday

Rainbow bubbles.

Materials: empty plastic water bottle, duct tape or a rubber band, a sock, dish soap and food coloring (optional, for the rainbow effect)

Directions: Cut off bottom of the bottle and slide sock on. Secure sock with duct tape or rubber band. Pour dish soap in bowl with a little water and mix. For rainbows, put drops of food coloring on the sock-covered end of bottle. Dip the sock end in the dish soap/water. Gently blow through top of bottle to make bubbles!

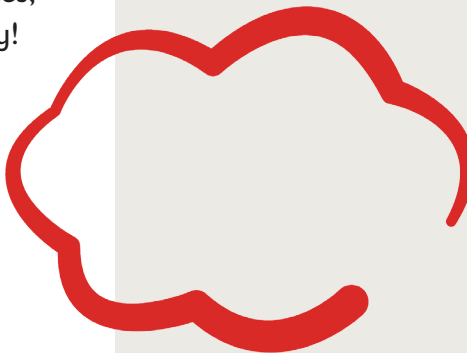
Tuesday

Breathing

meditation. Do you ever feel nervous or anxious? Or as if you can't focus? To help, try out our friend Mallika Chopra's activity, [Breathing Meditation](#). With a parent or adult, click on the link, listen and follow the exercise. It takes just 2 minutes, so try it every day!

Wednesday

Yoga poses! Can you do the "warrior pose?" Or the "dancer pose?" What about the "child pose?" Try 5 or more yoga poses and see if you can hold each one for 30 seconds.



Thursday

Put on a play. With your siblings or on your own, write a short story that you can act out in words or songs! Pick out clothes and materials for costumes and to create a background set. Ask your parents or caregivers to watch as the audience. Maybe they can film it to show to your family members who may be far away!

If you don't want to create your own play or musical, ask your parents to help you find one that you can practice and then act or sing!

Friday

Indoor recess! Check out [this video](#) for some fun ideas – and get moving in your home! Or, make a fort from blankets and chairs for a quiet, private space where you can read, draw or play on your own!

Family drawing.

Learn how to draw cute animals by watching [this video](#). Or, draw a family picture. One family member starts by drawing something that makes them happy. Then you pass it around 3 times for each family member to add to the drawing. Admire the masterpiece you created together!



PARENT AND CAREGIVER CORNER

Now that you've been more at home with our children, some worry may have set in about whether or not your children are sufficiently learning. You may be asking yourself whether your children are getting the most out of their online learning or non-traditional instruction, or whether they'll be behind in school once they return. You may also have feelings of frustration at your children for not applying themselves to their remote learning, and you may just want them out of your hair, so you can complete some work yourself!

We understand you, and we feel for you. Your worries and frustrations are normal, as we all are doing our best to navigate such tense, uncertain times. And who ever knew that nearly all of us would be at home overseeing the education of our children?! But guess what? You were always first and foremost your child's teacher! You taught them, cared for them and prepared them to enter some form of schooling. You can still be there and support their learning.

If you find that there is just not enough time or bandwidth on your end to make sure your kids complete several hours a day of schoolwork, you're not alone. Even if you are able to make sure your children complete one or two learning activities a day, you have succeeded. And if they are playing, then great! Remember, **PLAY IS LEARNING**. Have your children get off their screens and play – encourage them to go outside or use their imagination or create something. As Tony Wagner explains in his book, *Creating Innovators: The Making of Young People Who Will Change the World*, for children “play leads to passion, and passion leads to purpose.” So, let your children play and find their passion and their purpose during this unique time of school closures. They will be fine, and you will be fine, too. **Remember, we're in this together!**